

Kundalini Yoga Teacher Training

Lifecycles and Lifestyles

Level 2—Syracuse



Discover the Mystery. Gain Mastery.
Realize your Potential.

Cycles of your energy, intelligence and consciousness are built into the structure of your human body and are encoded in the brain and glands. The science of Kundalini Yoga opens and reveals to you the mystery of your human potential.

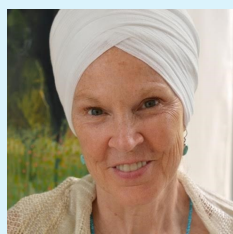
Topics include:

- Discover your purpose.
- Renew your self-concept.
- Map out where you have come from and where you're going.
- Identify habits, attitudes and practices that help or hinder you.

August 25 - 27 and October 20 - 22, 2017

Program runs 9am to 6pm Friday through Sunday. This KRI Level Two Certification program module in Kundalini Yoga, as taught by Yogi Bhajan®, is a full 6 days of concentrated teaching and practice over 2, three-day weekends. This module is offered as one of five *required* for KRI Level 2 practitioner certification.

Pre-register by 7/7/17 (\$1,095) **SAVE \$200** OR 3 installments 7/7, 7/28, 8/25 of \$398 (\$1,195) **SAVE \$100** OR Full-registration after 7/7 /17 (\$1,295)



Hari Kirin Kaur Khalsa is author of Art & Yoga: Kundalini Awakening in Everyday Life. Hari Kirin has been quoted in Yoga Journal, Yoga International, and Spirituality & Health magazines. She is a teacher, an artist and board member of the 3HO Foundation International. Hari Kirin also has been a visiting lecturer at Boston University, Marlboro College Hofstra University, Smith College, the New Hampshire

Art Institute and the Maine College of Art. She teaches regularly at Kripalu Center for Yoga and Health and at yoga centers around the world. She is married to Thomas Moore (careofsoul.net) and is the mother of Ajeet Kaur (<http://ajeetkaurmusic.com>) www.artandyoga.com

Hari Kirin Kaur Khalsa
KRI Lead Trainer



Kartar Khalsa has been practicing these kriyas for years. His passion is to create experiences through which people can learn. His greatest love in teaching is the Kundalini Yoga kriyas and classes of Self-Empowerment and Self-Realization.

He is a Level One and Level Two Kundalini Teacher Trainer and was honored by the International Kundalini Yoga Teachers Association as Teacher of the Year in 2014. He works for the Yogi Tea Company and travels and teaches extensively throughout the Eastern United States, as well as regularly in China. He is married to Shakta Khalsa, the founder of the Radiant Child Yoga Program.

Kartar Singh Khalsa
KRI Lead Trainer

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