

The Aquarian Teacher™ KRI Level Two Teacher Training Program

Authentic Relationships

KRI Level Two Certification program in Kundalini Yoga as taught by Yogi Bhajan®

September 7-9, November 30 – December 2, 2018

9:00am – 6:30pm



The **Authentic Relationships Course** experience breaks through the blocks that prevent you from experiencing our interconnectedness, helping to heal the illusion of isolation and separation. This transformational experience will provide you with the tools that can help you integrate Authentic Relationships into your lives as well as into your classes and teaching. The course covers the following aspects of relationships:

The Experience of Authentic Relationships

- Explore what an authentic relationship is and what it's not
- Relate to your soul as the foundation for authentic relationships
- Recognize and learn to create authentic relationships in all areas of your life

Love and the Infinite Game of Life

- Polarities and Love in Relationships
- Identify the common ways we make relationships fail
- Develop self-love as a key to authentic relationships
- Identify our core paradox and transform it from problem to opportunity

The Law of Polarity in Relationships

- Principles for Living: The Law of Polarity & Intuition
- Special challenges of long-term relationships in the Aquarian Age

Living as Your Authentic Self

- Invoking the Authentic Self to Healing
- The Cosmic Play of the Male and Female

Divine Delight and the Play of Masculine and Feminine

- Creating relationship with your own masculine and feminine energies

Legacy and Lineage:

- Passing on Grace and Consciousness



A Six-Day Level
Two
Workshop



Level One certification is required to qualify for completion credit of Level Two modules.

"Make yourself so happy so that when others look at you they become happy too."

-Yogi Bajan, Master of Kundalini Yoga

Trainers



Gurudass Kaur has been a Kundalini Yoga student, and teacher since 1972 and co-founded the first Kundalini Yoga center in Barcelona, Spain in 1978. She had the privilege of studying directly with the Master of Kundalini Yoga, Yogi Bhajan from 1972 until his passing in 2004. She lived in Barcelona for 25 years where she taught Kundalini Yoga and held teacher training courses. After moving back to the United States she now travels internationally offering Level One and Level Two Kundalini Teacher Training programs and a children's yoga training program called Childplay Yoga.



For more than 40 years, Kartar Singh has been practicing the kriyas and meditations of Kundalini Yoga. It is his passion. He enjoys sharing his experiences and leading processes of transformation through Level One and Level Two Trainings, as well as teaching workshops and challenges around the country and abroad. He lives in Sterling, VA with his wife Shakta Khalsa, the founder of the Radiant Child Yoga Program.

Level Two Course Tuition

\$999. by July 7, 2018
\$1,108 after July 7, 2018
Deposit secures lower rate

Contact Michelle

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Location -

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